## **Breast Cancer Screening Recommendations:**

Average risk women between 40-74 should get a mammogram every 2 years.\*

- \* If you are younger than 40 and are experiencing symptoms such as lumps, pain, or any other unusual changes in breasts, you may need a mammogram.
- \* If you have a family history of breast cancer, known genetic markers for breast cancer, or radiation therapy to your chest before the age of 30, you will need to talk with your doctor to get a tailored screening plan.

## **OCTOBER 2024 MOBILE SCREENINGS SCHEDULE**

Region	City/Town	Dates	Location	Contact	Provided by
2	Ascension	10/5	Jambalaya Park	(225) 215-1234	Mary Bird Perkins
	Clinton	10/24	Police Jury Office		Prevetion on the Go
6	Avoyelles	10/3	Call for more information	Eunita Ellis (318) 813-4016 or 1-800-582-4523	Partners in Wellness
	Jonesville	10/10	Ford's Food Center	(225) 215-1234	Mary Bird Perkins Prevetion on the Go
	Winnfield	10/17	Call for more information		Partners in Wellness
7	Minden	10/4	David Raines Community Health Center	- Eunita Ellis 318-813-4016 or 1-800-582-4523	
	Benton	10/24	BCOA Benton		
	Campti	10/25	Call for more information		
8	Lake Providence	10/7			
	Tensas	10/8			
	Tallulah	10/9			
	Columbia	10/11	Brookshire's	(225) 215-1234	Mary Bird Perkins
	Tallulah	10/24	Madison Parish Council on Aging		Prevetion on the Go
9	Covington	10/2	STPN N. Covington Clinic	Anne Pablovich (985) 871-5932	Be Well St. Tamman
	Folsom	10/9	STPN Folsom		
	Madisonville	10/16	STPN Madisonville		
	Covington	10/19	Covington Trailhead	(225) 215-1234	Mary Bird Perkins Prevetion on the Go
	Folsom	10/23	STPN Folsom	Anne Pablovich	Be Well St. Tammany
	Constant	10/22	Ch. Ushana Davish Usariyal	(985) 871-5932	
	Greensburg	10/23	St. Helena Parish Hospital (225) 215-1234	Mary Bird Perkins	
	Bogalusa	10/30	Nielsen's Pharmacy		Prevetion on the Go

- Appointments are required for most events.
- Dates subject to change. Please confirm with organizer directly.
- **Can't make it these dates?** Louisiana Breast and Cervical Health Programs has additional clinics and resources across the state throughout the year. To find out more, call 888-599-1073 or visit www.lbchp.org.



